



January 29, 2012

Theme:

Heaven on Earth

Talk Title:

On Earth As It Is In Heaven: Updating an Old Metaphor

Speaker:

Michael Bogar, MDiv, ThM, MA

Music:

Eddie Watkins Jr.

Welcome:

Rev. Michael Ingersoll

Announcements:

Rev. Michael Ingersoll

House Manager:

Marta Hoskinson

Minister on Duty:

Rev. Bob Calkins

TODAY!

EXPERIENCING HEAVEN ON EARTH: Using Your Four Basic Earthly Desires as Conduits to Heavenly Consciousness

Sun, Jan 29, 1:30 – 3:30pm, Holmes Room

By examining the challenging temptations or tests of Christ in the Wilderness, the temptations of the Buddha under the Bodhi Tree, the Lord's Prayer and clips from modern cinema, we will discover how these four basic human drives of pleasure, power, prestige and purpose are always seeking to further our spiritual development – whether awake or sleeping. The problem is that of seeing when, where and how each of these desires is seeking to enter and transform us, especially during those moments of struggle.

You will discover not only that Infinite Heavenly Consciousness is tethered like an umbilical cord to your earthly psyche, constantly seeking to introduce new and living material designed specifically for your unique soul, but ways to communicate and cooperate with that Heavenly Consciousness—how to experience Heaven on Earth.

Tickets \$25, available in Bookstore.

Compassion Through Loss

Today, 1 – 2:30pm, Oak Room (Weekly)

If you find yourself in the midst of any kind of loss and all the feelings associated with that, receive compassionate support and prayer during this drop-in group with people who remember your Wholeness in the midst of your circumstances.

Three Wise Guys <same slide>

Sundays in January!

Winter warmth for the homeless

Congregant Kathi White is leading our **annual coat / blanket / backpack drive** now through Jan 29. Bring good condition used items to go to two organizations: St. Francis House and Heroes for the Homeless. Both help persons who are homeless be safe and get back on their feet. Drop off your donations at the red barrels near the entrances. Questions? Stop by the Create a Better World table in the lobby of Celebration Hall.

Sign up for a Connection Circle!

Sun, Jan 29 – Feb 19, Celebration Hall Lobby

Ready to focus on your intentions? Get support and give support in our Winter Connection Circles. There is a wonderful Connection Circle for you. Connection Circle groups meet in a host's home and are facilitated by trained volunteers. Each group has 7-10 members. The groups are free to join and run from the week of Feb 19 to the week of Mar 10.

THIS WEEK

Essential Ernest

Thu, Feb 2 – Apr 5, 6:30 – 9:30pm, Thomas Troward

This provocative class touches on many hot topics of the world in which we live. Gain a holistic awareness of Ernest Holmes' teachings and thoughts as well as learn how many of our modern, topical questions about applying the Science of Mind are addressed. Through experiential exercises and discussion, we'll deepen our understanding of this brilliant teaching and how it applies to our day-to-day lives. Prerequisites: Beyond Limits or Foundations, Spiritual Practice and Self Mastery.

Instructor: Rev. Debora Gay

Reg online by 9pm Sun Jan 29 = \$195 / After = \$225

BUDDHADHARMA Meditation and Recovery

Every Mon, 7 – 9pm, Oak Room

Traditional Buddhist-based group using mindfulness techniques to support friends on all recovery paths. Join us in walking and sitting meditation, reading and sharing.

Employment Ministry

Every Mon, Noon – 1pm, Alder Room

Every Wed, 5 – 6pm, Holmes Room

The CSL Employment Ministry is a "front line support ministry" with a 10-year history of presenting Spiritual Principles in fresh, dynamic and personal ways. The Employment Ministry Teaching Team is committed to the measurable transformation of lives through the practical application of powerful tools for change! For anyone desiring to participate consciously in the creation of greater fulfillment in their lives.

Getting Out of Debt

Every Mon, Noon – 1:30pm, Oak Room

Getting out of debt means freedom, peace of mind, and abundance. Join us weekly for ongoing spiritual practices, strategies, support and prayer as we move past the mental obstacles and doubts that have led to debt.

United in Freedom: Beyond Sundays

Every Sat, 1 – 2:30pm, Oak Room

“Beyond Sundays” is an all-inclusive group for anyone wanting more support in their lives. Would you like to take the uplifting Sunday message of hope and energy of Spirit and translate it into the rest of your week? Come share with us and learn tools of translation, support, safety, and connection. “United in Freedom: Beyond Sundays” can make a positive change in your week.

Marta Hoskinson, RScP, Lead 206-423-9694

Maryellen Swanson, M.A., Co-Lead 206-617-4257

NEXT WEEK

Applied Spirituality II (Emma II)

Wed, Feb 8 – Mar 21, 6:30 – 8:30pm, Ernest Holmes Room

Deepen in your practice of Emma Curtis Hopkins’ spiritual tools by direct application of these principles to the important areas of your life and world. Continue to learn and practice; demonstrations will follow! Prerequisites: Applied Spirituality I, participation in a Practice Circle or permission of instructor.

Instructor: Kellie LaRue

Reg online by 9pm Sun Feb 5 = \$175 / After = \$200

Introduction to the Bible

Thu, Feb 9 – Mar 29, 6:30 – 9:30pm, Netta Holmes Room

You will never look at the Bible the same way again! This class approaches the Bible as an archetypal story about the evolution of human consciousness. Discover the Bible as neither fact nor fiction, but a universal myth which can support your spiritual development.

Instructor: Michael Bogar, MDiv, ThM

Reg online by 9pm Sun Jan 29 = \$195 / After = \$225

Better Business Breakfast or Lunch

Tue, Feb 7. Breakfast: 7 – 8:30am, Fellowship Hall

Lunch: 12 – 1:30pm, Downtown Seattle.

Dealing with Limitation

It's so very human to entertain the reasons that we can't experience thriving in our businesses. The most successful business leaders navigate those blocks with ease, thriving in the process! Join us in learning to use those "can'ts" productively!

Facilitator: Rev. Sharon Ramey

Reg online by 9pm Sun Feb 5 = \$20 / After = \$30

Also check out: Working ON Your Business 9am – 12pm, Thomas Troward Room, Free.

Rising Tide Series: So You Wanna Write...

Thu, Feb 9, 6:30 – 9:30pm, Ernest Holmes Room

Are you still dreaming of writing that book, screenplay, poem? Those articles, blogs, songs? Here's your opportunity to get inspired, get empowered and get going!

Colleen Patrick – screenwriter, author, journalist and writing coach – will present an overview to help you start or refine your work. In this 3-hour workshop she'll cover:

- Discovering your authentic voice
- Finding the time, courage and initiative to get started...and keep going
- Understanding what to write; defining your audience
- What to do with your writing when it's completed

Reg online by 9pm Sun Feb 5 = \$25 / After = \$35

COMING UP

Sexuality & Spirituality in Relationships

Thu, Feb 16 – Mar 22, 6:30 – 9:30pm

Explore your unique expression of sexuality as you negotiate and nurture intimacy and healthy boundaries in your relationships. In this heart-centered experiential class you will fall deeper in love with God, yourself, and others as you create space in your life, your heart and your mind for who you really are and how you relate with others; as well as learn to practice safe sexuality as you integrate spirituality more deeply into all your relationships.

Instructor: Rev. John Halas

Reg online by 9pm Sun Feb 12 = \$111 / After = \$136

Join our Spiritual Not Religious online community!

Subscribe to Rev. Kathianne's Sunday talks in audio or video format. Share your experience, wisdom, and caring online!

SpiritualNotReligious.net

Forgetting Something?

Check around your seat for any items you may have dropped – cell phone, keys, glasses, journals, scarves...Be sure to take them home with you! If you have lost an item, it will be in the Lost & Found cabinet in the Fellowship Hall by the vending machines.

WELCOME AND SUPPORT

DROP-IN GROUPS

Sundays:

Compassion Through Loss: Every Sun, 1 – 2:30pm, Oak

Body by Spirit: 1st Sun, 1 – 2pm, Alder (Starts again Feb 5, 2012)

Women's Group: 2nd Sun, 1 – 2:30pm, Acorn

YFM New Volunteer Orientation: 3rd Sun, 1 – 2:15pm, Serenity

SOUL Sisters (L,G,B,T,Q women): 3rd Sun, 12:45 – 2:45pm, Alder

Men's Group: 3rd Sun, 1 – 3pm, Acorn

Mondays:

Getting Out of Debt Ministry: 12 – 1:30pm, Oak

Employment Ministry: 12 – 1pm, Alder

Buddhadharma Meditation & Recovery: 7 – 9pm, Oak Room

Tuesdays:

SAGES (elders 55+): 1st Tue, 9:45am – 12pm, Fellowship Hall

Wednesdays:

Employment Ministry: 5 – 6pm, Holmes

Change Your Thinking, Change Your Life Book Study: 6 – 6:45pm, Legacy

Meditation: 6:15 – 7pm, Sanctuary

Thursdays:

Parents of Adult Children: Every Thu, 6:30 – 8pm, Tranquility

Saturdays:

United in Freedom: Beyond Sundays: Every Sat, 1 – 2:30pm, Oak

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