

decide
to

Thrive



2010 Annual Report



CENTER FOR
SPIRITUAL
LIVING

Rev. Kathianne Lewis
Senior Minister



Board of Trustees: Left to right – Ray Rebello, Freddie Barrett, Isolina Pommier, Rev. Kathianne Lewis, Thomas Mead, Diann Durbin RScP, Alinda Page, Denise McDonald RScP, Keith Jefferson (not pictured: Cynthia Clay)

Alinda Page, President

Freddie Barrett, Vice-President

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Cynthia Clay

Diann Durbin, RScP

Keith Jefferson

Rev. Kathianne Lewis

Thomas Mead

Isolina Pommier



**CENTER FOR
SPIRITUAL
LIVING**

Thrive

To our community,

So much of life is a choice. We know that we are at choice, and that we can decide to thrive and to make divinely guided choices that lead to our expansion and evolution.

This report is a tribute to all the inspiring, creative and compassion-filled ways we as a community decided to thrive in 2010.

Community members took classes by the score, and their input and feedback was used so even more learners could benefit from even more choices.

Individuals and groups supported dozens of outreach organizations and activities, so less-fortunate neighbors got the food, shelter, clothing and care they needed.

Collectively, as a community, we played and we sang and we looked after each other and our world through support groups, tithing and service activities.

In these ways and more, we all thrived. And as we did, the larger community couldn't help but do the same.

As we move into 2011, we invite you to join us in the conscious decision to step toward a future that is even more bright, prosperous and wonder-full, one animated by an ever-deeper sense of awe for the unique position in which we find ourselves at this time in history.

These are significant times. With your ongoing help and support, we can continue to have a powerful impact on families, the region and the world. You have shown yourselves to be of deep heart and high consciousness, never more so than through the challenging economy we have found ourselves in over the past year. Your commitment to Principle and support of this community have made all the difference. You have helped us collectively to thrive.

With love, respect and appreciation,

Rev. Kathianne Lewis, D.D.
Senior Minister

Alinda Page
President, Board of Trustees



Rev. Kathianne Lewis, D.D.
Senior Minister



Alinda Page
President, Board of Trustees

Thriving is sharing

Among all the words to describe the Center for Spiritual Living community, GENEROUS would be at the top of the list. People in our community have a watchful eye for those people and organizations outside our walls that are truly in need of our time, talents and resources. CSL members have a deep understanding that there is a flow that returns good for good. It is our joy to share.

The Center for Spiritual Living Seattle honors the timeless practice of tithing. Tithing, in which we financially support organizations that improve the greater good, expands our mindful giving exponentially.

Together through tithing, we supported Africans in better living, assisted Louisiana residents still rebuilding their lives following Hurricane Katrina, provided homes for needy and deserving Puget Sound residents, and spread our positive message in collaboration with neighboring spiritual communities.

In 2010, the community contributed to 55 organizations and individuals, including:

- American Bird Conservancy
- Bodhi Spiritual Center
- Brother Ishmael Tetteh
- Cedar Grove Recycling
- Center for Spiritual Living, Mount Vernon
- Center for Spiritual Living, Olympia
- Center for Spiritual Living, Tacoma
- Coming of Age
- Creative Life Spiritual Center
- Earth Appreciation
- Earthjustice
- The 4T Prosperity Program
- Freedom Project
- Genesis Global Spiritual Center
- Greater New Orleans Foundation
- Habitat for Humanity
- Northern Lights Spiritual Center
- Rebuilding Together Seattle
- Seattle Unity Church
- United Centers for Spiritual Living
- UCSL Youth Scholarship Fund
- Unity of Bellevue
- University Food Bank
- World Ministry of Prayer



One of our cornerstone community groups is the Create a Better World team. Under this umbrella of good works, dozens of community members gave of their time, talents and financial resources as part of our outreach efforts in this past year, making lives better for hundreds of neighbors in need.

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Whether it's by taking part in food drives, organizing toy collections or raising funds to support targeted needs, the selfless efforts and presence of our community members helped to make a world that works for everyone.

In 2010, Create a Better World assisted:

- Atlantic Street Toy Store
- Broadview Women's Shelter
- Children's Hospital
- The Downtown Emergency Shelter
- Food Lifeline
- The Forgotten Children's Fund
- Goodwill
- Habitat for Humanity
- Habitat Mississippi
- Heifer International
- Hopelink
- Lake City Food Bank
- Molly's Mission
- Mother Earth
- New Beginnings Shelter
- Orion Center
- Prison Ministry
- St. Francis House
- White Center Food Bank
- The YWCA



Compassion on the part of so many individuals and families warmed our winter service projects in particular. We collected 261 coats and jackets, 40 blankets and 11 backpacks for distribution among homeless in our area. In addition, 357 fleece scarves crafted by our scarf team were given out.

"A huge thank you for your support," congregant and Heroes for the Homeless volunteer Robbie Holz wrote. "We try to find the most vulnerable homeless sleeping under bridges, on the streets, etc. Your donated items went like hotcakes. Wish you could have seen their grateful and beaming faces when we were able to give them these badly needed items. You helped a lot of needy folks brave the cold weather and survive with a little more comfort and ease. Thank you!"



Thriving is caring

Caring can be interpreted to mean many things to many people. At the Center for Spiritual Living, our caring was expressed in providing spiritual practices, groups and tangible spiritual support for people actively moving through the transitions of life.

This mindfulness spread throughout all areas of our ministries. Hundreds of prayer cards were honored weekly, including more than 70 a week turned in by youth and children in our community. We intentionally ministered to members and center friends experiencing challenges with grief and loss, money, employment, health and recovery journeys.



Our practitioners, 60 in all, were actively involved in our community's spiritual well-being. Practitioners facilitated the Ministry of Prayer and Prayer Line, supported Sunday and Wednesday services, made contacts with community members, provided leadership for Compassionate Heart, Prison Ministry and Youth & Family Ministry, along with Coming of Age. Their presence was at work with the choir and at special events throughout the year. The Education Department, Youth & Family activities including Seabeck, the Board of Trustees and other community groups, events and activities relied on the presence and participation of practitioners.

The Ministry of Prayer responded to 6,621 prayer requests in 2010, and nearly 1,400 contacts were made with community members. Practitioners recorded 365 inspirational phone messages for round-the-clock caller access, conducted 177 "tune-ups" and responded to 379 Prayer Line requests.

At the Center for Spiritual Living, caring is also reflected in our inclusiveness. Men, women, elders, GLBTQ people, families of choice ... all have found friendship and formed strong bonds through connections with a variety of community groups facilitated by compassionate and dedicated leaders.

Attention to fiduciary responsibilities in conjunction with spiritual practice was the tone of caring reflected by our Board of Trustees, center leadership and Senior Minister Rev. Kathianne Lewis as they mindfully and thoughtfully stewarded our community's financial resources.



It was a charge highly valued and taken seriously. In challenging economic times, our 2010 budget was balanced following a lengthy and detailed examination of all center functions, staffing and activities.

Dozens of employees, advisers and congregants participated, helping us to question our assumptions, trim expenses and make the necessary decisions, small and large, to ensure our shared financial health and vitality. The result? Reinstated employee benefits, an increased year-end reserve and a balanced budget that we all had confidence in and which met all the needs and requirements of those financial institutions that put their trust in us.

Throughout the process, we understood and embraced the truth, that God is our source and our supply. We celebrated co-creating with the Divine a strong foundation from which to continue our growth and evolution.

We are grateful for the generosity of Spirit moving through our members and friends, and note that individual contributions increased this past year. We give thanks for the caring and commitment of each member of this community; in myriad ways we have experienced growth in this past year, and we are inspired afresh.

A detailed community budget is available to interested members by contacting Bruce Strasser - bruces@spiritualliving.org.

Year after year, our community has come together to focus on the financial needs of the coming year through an annual stewardship campaign. Ray and Margaret Rebello commanded the flight deck for our uplifting and spirited "Defy Gravity, Rise High in God" 2010 campaign. More than 200 people attended the October launch dinner at the Museum of Flight. Over the course of the campaign's five weeks, more than \$2 million was pledged toward CSL programs. At the core of the campaign was the inspiring prosperity talk series by Rev. Kathianne. As a bonus, an after-service "Flight School" set of workshops supported the talks.



In October, CSL welcomed Mia Pickering as our new membership and development director. Mia has jumped in with her signature style and smile, and the community already is feeling the impact of her extensive professional background in the non-profit sector and in development operations. Welcome, Mia!

Thriving is learning

The Center for Spiritual Living Seattle continues to serve as a hub of learning that attracts the brightest lights of the New Thought movement and spiritual luminaries from all of the world's faith and wisdom traditions.

We believe that all paths lead to God, and during 2010 a multi-faith environment was mindfully cultivated that not only reflected that belief but introduced our community to diverse thinkers and visionary speakers such as Terry Cole-Whittaker, Bishop Carlton Pearson, Rabbi Ted Falcon, Sheikh Jamal Rahman, Dr. Joe Dispenza, Abbott Genjo Marinello Osho, Edwene Gaines and Shirley MacLaine.

Our community celebrates that The Center for Spiritual Living Adult Education program is among the best in the United States.

A significant component to the growth and success of the program was realized in 2010 with the introduction of a detailed and complete course catalog. The catalog was available online and in paper form, giving students complete information on classes, retreats, special-interest workshops and tailored learning paths. Those looking for specific classes or just perusing the offerings were able to clearly identify all their options in a logical and up-to-date format.

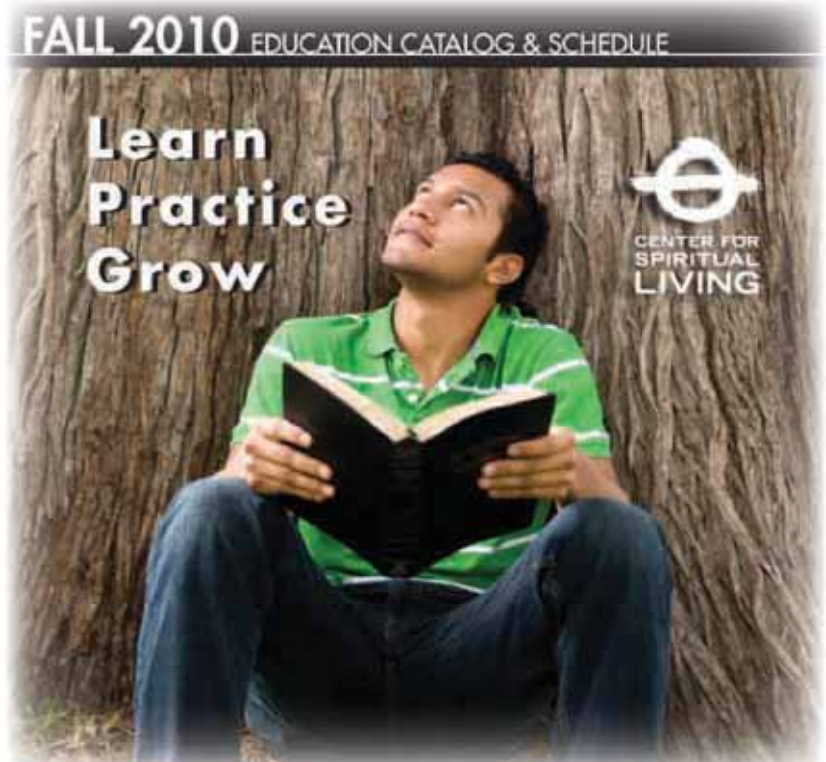
Exciting new learning paths were introduced: Core Practical Spirituality, the Modern Mysticism Institute, Spirit at Work and accompanying Enrichment workshops. These new pathways of learning offered well defined courses of spiritual study for many.

Cultivated by Rev. Sharon and Paul Ramey, the perennially popular Better Business Breakfast series blossomed into the Spirit at Work learning path, which now also includes a Better Business Lunch and the Rising Tide series of programs with a work focus.

We rolled out new courses that take into account the changing needs and interests of the community, including Karen Ramsey's acclaimed "Caring for Your Soul in Matters of Money" course; Essential Ernest, an in-depth look at the philosophy of Science of Mind founder Dr. Ernest Holmes; Rev. Kathianne's Practical Mysticism series; and the new spiritual adventure, "Inward Journey of Spiritual Maturity." Three dozen participants registered for that nine-month course in its first year.

Course planning became more systematic in the past year, which means regular class participants, teachers and volunteers are able to plan ahead.

And to support all the learning, the bookstore space was reconfigured. Course participants can now more easily find needed class materials and spiritual supplies.



Education Department plans for the current year include development of new retreats, mini-workshop offerings, new partnerships and an expanded presence on other Puget Sound campuses. Utilization of new technology and online course offerings are among our top priorities.



"I feel like I am thriving when I am living my life aligned with Spirit as my source, in Spirit, on purpose, while making a difference in the world. It's when I live a life that includes a balance of meaningful and prosperous work and fun-filled interests and hobbies, wonderful people whom I love and who love me, people with whom I successfully collaborate, vitality and health, quiet revitalizing time and quality time with friends and family."

– Education Director Rev. Barbara Novak

CSL moved in a big way during 2010 to better equip leaders in the community with targeted training. Small group leaders, teachers, teaching assistants and practitioners all benefited from training programs.

Strength on our teaching team likewise was improved; our teachers get better and better, and feedback from students and community members from the previous year helped refine how we went about enhancing the classroom experience for all participants, teachers and students alike.

"I support individuals, teachers and volunteers in each living a greater life through providing their talents, skills and gifts and continuing to expand in excellence. I try to create a dynamic, practical, spiritually based curriculum that supports individuals in living their lives more fully."

– Education Director Rev. Barbara Novak

2010 brought Deanna Freeman, RScP, to the community to head up Youth & Family Ministry after Debbie Sztain, RScP, moved on to her greater good. With Deanna came new monthly teacher training sessions and in-classroom coaching of teachers, two new members of the childcare staff and expanded communications between and among parents and teachers. Other changes and additions to the program included:

- A new youth curriculum theme of "Living in Harmony," along with monthly subthemes and a curriculum map for teachers to plan by.
- Adult contemplations to accompany youth lesson plans and support youth learning.
- Rollout of a reinvigorated and revamped "Coming of Age" program.
- A new teen leadership sangha.
- Regular use of technology to share news and information with parents and caretakers.



At CSL the youth in our community are socially aware and active. Last year, young congregants and the Village family community group raised funds for farm animals and agricultural resources provided worldwide by Heifer International. They also took part in the Giving Tree Project, through which 395 gifts were distributed during the holiday season to Puget Sound residents and community members in need.

Deanna and her team continue to vision and incorporate your great ideas. In 2011, look to the team for a new parents' newsletter, creative fund-raising plans, increased volunteer opportunities and expanded childcare offerings to support adult education attendance.

Thriving is playing

At the Center for Spiritual Living, creating a variety of expressive ways to celebrate God and Life is a part of our heritage. Blending music, theater, concert and visual art collaborations, exciting new offerings were introduced to the CSL community and beyond in the past year.

New accomplishments in our music department for 2010 included:

- The new Seattle Center for Spiritual Living Choir.
- The debut of SoulGarden, a new acoustic guitar ensemble.
- Expanded integration of sound, lighting and music systems for an improved worship and performance experience.
- New music collaboratively written by Music Manager Eddie Watkins Jr. and Rev. Kathianne Lewis and varied music beds developed for the "40 Days" meditation iPhone app.

We know that Spirit constantly creates, and the music team continues to orchestrate more options for community musicians and audience members alike. In 2011, look for a new female vocal ensemble, a big choir presence in the Seattle area and growth in the choir itself.



"What I try to do is motivate and inspire, and, through music, make the world a better place. Thriving to me means growing and self-awareness, and music can so often be a vehicle for that to occur."

– Music Manager Eddie Watkins Jr.

We celebrated Spirit, and celebrated with Spirit, when award-winning musicians Daniel Nahmod and Karl Anthony dropped by to share their winning talents with us this year. Other guest musical luminaries included Karen Drucker, Jack Fowler, Karen Taylor-Good and Charles Holt. Hundreds of congregants and center friends were touched by their inspiring and uplifting messages.

Celebration Hall was THE place to be in 2010 for uplifting concerts and transformational performances. The Good Friday message of "The Enlightened Message of Jesus Christ Superstar" was expanded and reinterpreted by Rev. Michael Ingersoll and featured Rev. Kathianne and 40 singers, dancers and musicians. Fall's "Motown and Miracles" highlighted the extraordinary talents of our own Eddie Watkins Jr. and a dozen talented musicians and vocalists in a musical tribute to Motown's glory days, along with some of Eddie's own original music.

December brought back CSL favorite Geoffrey Castle and his electric violin for the popular "Celtic Christmas" concert. And with "The Enlightened Message of Scrooge," Rev. Michael took advantage of the vintage radio drama format in a collaboration with Rev. Kathianne that presented the Charles Dickens classic in a fun and engaging new way, complete with sound effects. In all, 20 actors and six sound effects creators took part.



"With our state-of-the-art Celebration Hall performance facility, it is my vision to create a recognized home for the expression of music, theater, dance and visual arts throughout the year."

– Communications and Creative Director, Rev. Michael Ingersoll

The holidays were a special time on the CSL campus and the community's young people were at the center of the action. A total of 214 youth took part in the Egg-stravaganza Easter program of crafts and games, which also featured community favorite Gina Sala as the Easter bunny.

Thrive

The Family Holiday Service in December emerged from visioning, involved youth from start to finish and saw attendance more than double the previous year. The much-loved Angel Choir returned, under the direction of Micki Suzuki; visiting musician Karl Anthony had so much fun with the group that he asked to take part in a family concert and the production of a CD with the Angel Choir.

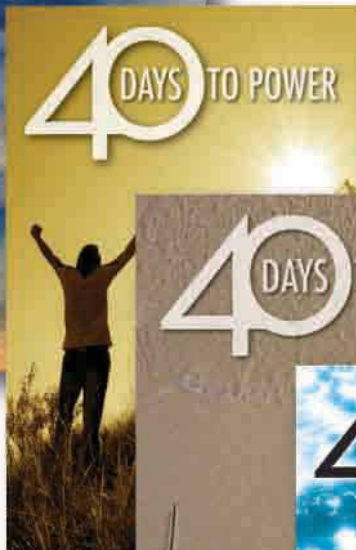


The CSL community loves creating ways to connect, and foodies faced delicious dilemmas during Gourmets for God in May and June. The first-time event, which combined a silent auction of more than 70 dining experiences and a live auction and concert, had congregants debating which of the trendy, fun, unique and savory meals and dining experiences to bid on. The hungry competition generated \$50,000 for community programs and provided people a brand new, satisfying opportunity to connect in fun, delicious and informal ways.

Thriving is growing



New focus, energy and talents all came together in 2010 to help CSL grow, expand and diversify. We entered the book business, creating the 40 Days Publishing brand. Following Rev. Kathianne's success with "40 Days to Freedom," produced by Wise Woman Press, three subsequent volumes were created and published by 40 Days Publishing: "40 Days to Power," "40 Days to Love" and "40 Days to Prosperity."



The "40 Days" books and related practices were a big hit; the new publishing division put forth 1,200 copies within the series. The books were used in conjunction with four new phone-in series facilitated by Rev. Kathianne and joined by callers worldwide. The calls were recorded and made available for listening by participants in a variety of packages. In all, 552 people registered to take part in the call series.



A collaboration with practitioner and member Jeff Pettiross resulted in the development of a unique iPhone meditation application that incorporates the ideas of the "40 Days to Power" book, original music and visuals designed to support contemplative practice. The new "40 Days" iPhone app broke new ground for the New Thought movement, giving seekers needed restorative moments in the course of their busy lives.

One of CSL's goals is to "spread the message." Investments in our technology and systems infrastructure this past year enabled us to share our message more broadly and efficiently as we step increasingly into a multimedia learning environment.

We launched our online subscription series, giving people away from home and out of the area the opportunity to take part in Rev. Kathianne's powerful Sunday talks. Response was gratifying; 481 subscriptions were registered in a one-month period, and annual subscriptions covered production costs. Plans for 2011 include expansion of the service to incorporate social networking functions that will allow subscribers a more intimate feeling of connectedness, and a goal of 5,000 subscribers by year's end.



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More and more people are turning to our website for connection, and we raised the bar last year, making our site more participatory and engaging, with new interactive features including videos, blogs and open comment opportunities. Website refinements will continue; our goal is to have as many “one-click” actions as possible to make using the site easy and hassle-free.



We also started a multimedia business directory showcasing the services and products of our members. Our Marketplace - Shop with Friends! allows business people the opportunity to reach an audience online, through Sunday programs and via placement at special events and programs. Early response came from 78 advertisers, who registered for placement periods up to one year. We expect directory growth to continue in 2011, and plan to roll out improved web display space to accommodate the demand. Our goal? 300 advertisers by year's end.



[Facebook.com/CenterforSpiritualLiving](https://www.facebook.com/CenterforSpiritualLiving)



“We are continuing to focus on how to not only create original digital products but how to repurpose existing works by Rev. Kathianne. This department thrives due to the wonderful talents of a variety of people. It’s an opportunity for people to express their skills in writing, graphics, music, recording, technology and the inspired word. When everyone has the chance to participate at this level of creativity, we all thrive. This has been our experience with these new projects.”

– Communications and Creative Director, Rev. Michael Ingersoll

Thriving

is connecting

Staff

ACCOUNTING

Bruce Strasser
Linda Smith
Judy Vann

EDUCATION – Bookstore

Rev. Barbara Novak
education director
Arnie Marcus
Jim Bacon

MARKETING/COMMUNICATIONS

Rev. Michael Ingersoll
communications and creative director
Monica Hiatt
Melinda Patterson

MEMBER DEVELOPMENT

Mia Pickering
director

MUSIC

Eddie Watkins, Jr.

OPERATIONS – Facilities

John Brodrick, RScP
director
Ben Greenfield
Ian McGuffick

YOUTH AND FAMILY MINISTRY

Deanna Freeman, RScP

MINISTERIAL TEAM

Rev. Dr. Kathianne Lewis
senior minister and community spiritual leader
Heather LaneMcCants
executive assistant
Rev. Jackie Allen
Rev. Bob Calkins
Rev. Roya Camp
Rev. Debora Gay
Rev. John Halas
Rev. Sharon Ramey

LEADERSHIP

Rev. Dr. Kathianne Lewis
John Brodrick, RScP
Rev. Michael Ingersoll
Rev. Barbara Novak
Mia Pickering



Practitioners

Rev. Vaughan Amaré
Kathy Belk, RScP
Anne Bock, RScP
Andrea Brenneke, RScP
Cindy Brightbill, RScP
John Brodrick, RScP
Alexa Burns, RScP
Bonnie Charney, RScP
Harold Costa Jr., RScP
Carmin Dalziel, RScP
Diann Durbin, RScP
Shemayim Elohim, RScP
Lisa Erickson, RScP
Cheryl Fluehr, RScP
Deanna Freeman, RScP
Kathy Galvin, RScP
Leslie Haines, RScP
Gary Halstead, RScP
Jennifer Hannah, RScP
Marta Hoskinson, RScP
Jeri Hudson, RScP

Allyson Hughes, RScP
Karen Jackson, RScP
Collin King, RScP
Pushpa Larsen, RScP
Joyce LeChuga, RScP
Don Lee, RScP
Eugenia Linam, RScP
Cathy Lindsay, RScP
Linda Lockwood, RScP
Matthew Love, RScP
Michael Ludwig, RScP
Teresa Luttrell, RScP
Elaine Marklund, RScP
Anne Masterson, RScP
Jeffrey May, RScP
Denise McDonald, RScP
Sandra McQuirk-Linus, RScP
Sue Mills, RScP
Shaun Mockus, RScP
Jerie Paul, RScP

Jeffrey Pettross, RScP
Jane Power, RScP
Hajara Rahim, RScP
Alexandria Red, RScP
Jen Schomer, RScP
Gary Schultz, RScP
Monica Sicard, RScP
Laurie Sorenson, RScP
Suzette Swanson, RScP
Sonia Vargas, RScP
Heather Venegas, RScP
Atara Watkins, RScP
Sue Weinheimer, RScP
Sue West, RScP
Pamela Williams, RScP
Kaie Wise, RScP
Betsy Wolff, RScP
Lynne Zeller, RScP

Our campus

5801 Sand Point Way NE
Seattle, WA 98105
206: 527-8801

Inspiration line: 206: 525-GIFT (4483)

Our Services:

Sunday Celebration Services
9 and 11 a.m., Celebration Hall

Wednesday LIVE Service
7 p.m., Celebration Hall

Meditation Programs

Sunday Meditation
8:30 a.m., Sanctuary

Monday Buddhadharma Meditation & Recovery
7 p.m., Oak Room

Wednesday Unguided Meditation
6:15 p.m., Sanctuary

Our web presence

SpiritualLiving.org

Facebook.com/CenterforSpiritualLiving

What's Happening

For complete and up-to-the-minute listings of events, classes, programs, retreats, camps and trips, as well as directories and contact information for our many community and support groups and activities, see our website and Facebook pages.



CENTER FOR SPIRITUAL LIVING

MISSION

We teach people spiritual practices to live by.

VISION

We are a spiritual community of thriving individuals
committed to making the world a better place.

decide
to

Thrive